

# Polarized ${}^3\text{He}$ by metastability exchange with a laser

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Both “nuclear” polarized  ${}^3\vec{\text{He}}$  atoms and  ${}^3\vec{\text{He}}^+$  ions can be produced simultaneously by the metastability exchange method [1], which is a unique feature compared with the spin-exchange method. We are especially interested in  ${}^3\vec{\text{He}}^+$  ions because they can be used as a  ${}^3\vec{\text{He}}^+$  beam by extracting and accelerating them. Thus we have started the construction and the development of a  ${}^3\text{He}$  polarizer by this method.

Figure 1 shows the configuration of our experimental apparatus. A  ${}^3\text{He}$  (0.3–2.0 Torr) gas is sealed in a Pyrex glass cell with a size of  $3\text{ cm}^\phi \times 5\text{ cm}^t$ . This  ${}^3\text{He}$  cell is set in a uniform magnetic field ( $\sim 13\text{ G}$ ) generated by a Helmholtz coil in order to keep the polarization. In the metastability exchange method, first  ${}^3\text{He}$  atoms are excited to the metastable  $2^3\text{S}_1$  state by applying an RF field ( $f \simeq 1\text{--}10\text{ MHz}$ ). Secondly,  ${}^3\text{He}$  atoms in  $2^3\text{S}_1$  are optically pumped to the  $2^3\text{P}_0$  state with  $\sim 1083\text{ nm}$  infrared light produced by a fiber laser module. By using left-handed circularly polarized light, only two sublevels of  $M_F = -3/2$  and  $-1/2$  out of four sublevels of  $M_F = \pm 3/2$  and  $\pm 1/2$  in  $2^3\text{S}_1$  are concerned with the optical pumping, which results in “electronic” polarization for  ${}^3\text{He}$  atoms in the metastable  $2^3\text{S}_1$  state. Finally, this electronic polarization is transferred to the nuclear polarization through the hyper-fine interaction, and  ${}^3\vec{\text{He}}$  atoms in  $2^3\text{S}_1$  are de-excited to the ground state by metastability exchange collisions.

The nuclear polarization of  ${}^3\text{He}$  can be obtained by measuring the circular polarization of an optical line at  $668\text{ nm}$  ( $3^1\text{D}_2 \rightarrow 2^1\text{P}_1$  [3,4]). Figure 2 shows the  ${}^3\text{He}$  nuclear polarization in a 0.3 Torr cell as a function of time for the  $C_9$  line from  $2^3\text{S}_1$  to  $2^3\text{P}_0$  with 3.5 W laser power and a RF discharge frequency of  $f = 6.5\text{ MHz}$ . The measurements were performed for several RF discharge intensities which resulted in 668 nm light powers of  $-57 \sim -52\text{ dBm}$ . In this figure, the cell was irradiated by the laser between 30 to 100 s. The pumping time was about 10 s, and the nuclear polarization became maximum of  $\simeq 50\%$ . The relaxation time was long as 10–40 s compared with the pumping time.

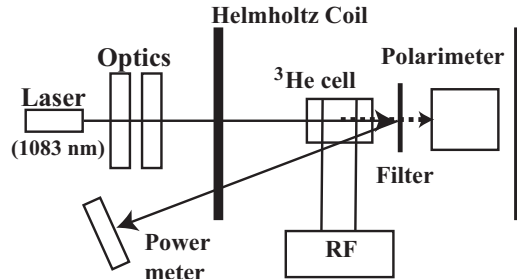


Figure 1: Schematic view of the  ${}^3\text{He}$  polarizer.

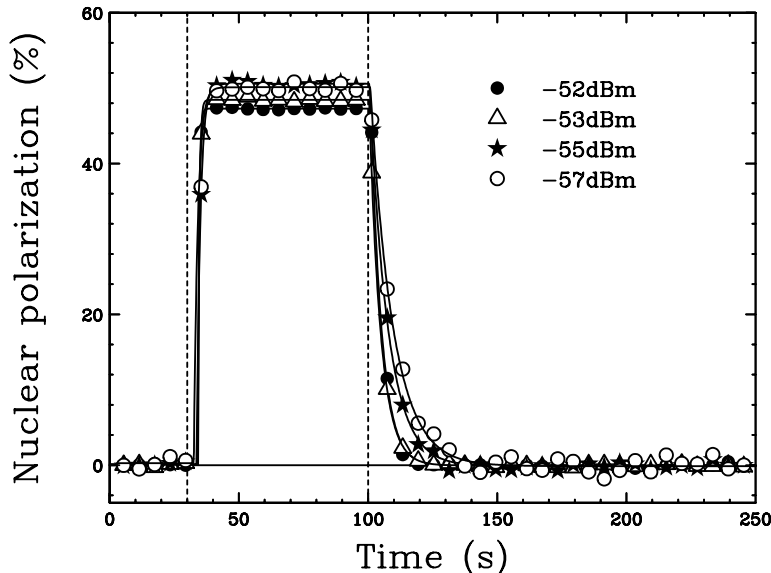


Figure 2: The  ${}^3\text{He}$  nuclear polarization in a 0.3 Torr cell as a function of time. The pumping laser with 1083.327 nm radiated the  ${}^3\text{He}$  cell between 30 to 100 s.

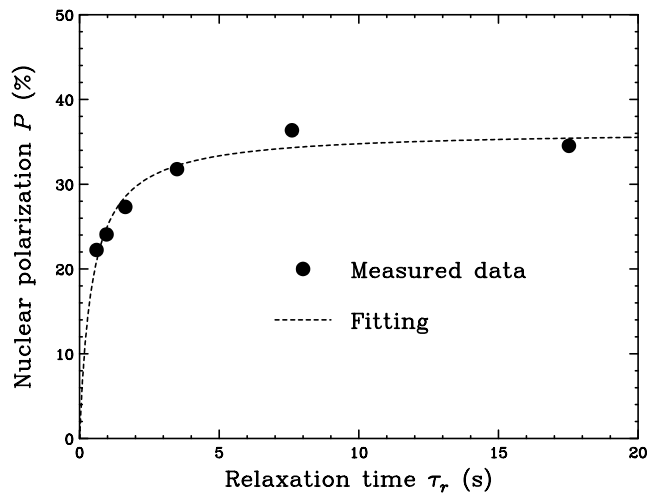


Figure 3: The relation between the relaxation time and the  $^3\text{He}$  nuclear polarization.

The relation between the relaxation time and the nuclear polarization is shown in Fig. 3. The measurements were performed for a 1.0 Torr cell by using the  $C_9$  line with 3.5 W laser power and a RF discharge frequency of  $f = 9.6$  MHz. It is found that the nuclear polarization is increased as the relaxation time is increased. The nuclear polarization  $P$  can be expressed by using the relaxation time  $\tau_r$  as [3]

$$P = P_0 \frac{\tau_r}{\tau_r + \tau_p}, \quad (1)$$

where  $P_0$  is the maximum polarization for  $\tau_r \rightarrow \infty$  and  $\tau_p$  is the pumping time. The dashed curve in Fig. 3 is the result of fitting with Eq. (1) which reproduces the measured data reasonably well.

The direct measurement of the  $^3\text{He}$  nuclear polarization by NMR is now in progress.

## References

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